**Welsh Sport Equality Alliance - Pride Cymru Parade Briefing 2019**

Thank you so much for giving up your time to join the Welsh Sports Equality Alliance in marching for the very first time in the Pride Cymru parade in Cardiff.

This is a great opportunity to show how we are committed to inclusion and to highlight the wonderful work we do across Wales! For more information on Pride Cymru and to buy tickets for the festival, please visit <https://www.pridecymru.com/>

**What we are doing**

We will be joining a multitude of different organisations, charities and groups who will have come together to march through Cardiff City Centre in the name of promoting and celebrating equality and diversity.

**Saturday 24th August 2019**

Meeting point: 10.30am Outside of Royal College of Music & Drama, North Rd, Cardiff CF10 3ER

Parade start and end point: Civic Centre, North Road, Cardiff, CF10 3EW

Dress code: Your club kit, and lots of rainbows! Whistles, facepaint, glitter and club banners are also encouraged. You can purchase Rainbow Laces from Stonewall here: <https://stonewalluk.myshopify.com/collections/accessories/products/rainbow-laces>

* Please wear weather relevant clothing/ suncream as we will be outside at all points, and also wear comfortable shoes to march in.
* Please bring water for the route too, as we won’t be able to supply any for the parade.
* Follow @WelshSportAssoc on Twitter for any further details or announcements.

**How to get there**

*By train*: Cathays Park, Cardiff Central, and Cardiff Queen Street Stations are closest. The starting point is roughly 16 minute walk from Cardiff Central station and 12 minute walk from Cardiff Queen Street and about 8 minutes from Cathays Park.

*By bus*: There are several bus stops situated along Castle Street to the south, and along North Road to the east.

*By bike*: The Taff trail is probably the easiest way to get to North Road, with NextBike stations to be found here: <https://www.nextbike.co.uk/en/cardiff/locations/> A cycling trip planning portal can also be found here: <http://www.traveline.cymru/> too!

*By car*: Sat Nav Postcode: CF10 3EW (please note this is for guidance only). Parking is available in North Road (CF10 3EA)/Castle Mews (CF10 3ER)/Sophia Gardens (CF11 9LJ). Park & Ride services are available at Cardiff East (CF23 8HH) and Cardiff South (CF10 4UW).

**Timings**

10.30am - Meet at RCMD on North Road FOR 10:30AM

11am - Parade Starts

12.30pm - (Approx) Parade Ends

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