

Practical health and wellbeing support plans

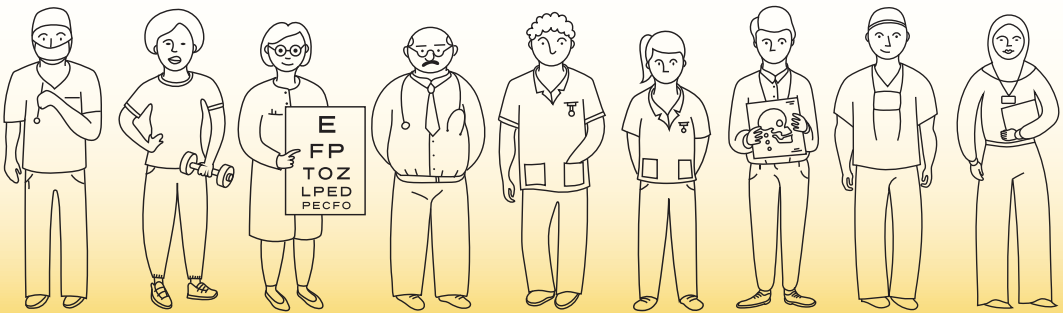
equipsme®

Get your team started from only **£8.50**pppm

Just £8.50 per person per month equips employees with 24/7GP Access + Physio + Stress Support

- Unlimited access to a remote GP, 24/7
- Up to 5 hands on sessions with a physiotherapist
- 24/7 Stress Support helpline and counselling sessions
 - Dedicated Heart & Cancer nurse support 24/7
 - Personalised online health check

Further plans and options are available.



Supporting the

Available from

Physical and mental wellbeing support

We equip businesses with a simple, practical and affordable way of providing health and wellbeing support for their employees.

GP Plus	Level 3	Level 2	Level 1
£7 per person per month	£17 per person per month	£29 per person per month	£37 per person per month
Get started	Diagnosis	Diagnosis & Treatment	Diagnosis & Treatment Plus
GP Access 24/7 Physio: up to 5 sessions Nurse Helpline Online Health Check No excess	GP Access 24/7 Physio: up to 5 sessions Nurse Helpline Annual Health Kit No excess	GP Access 24/7 Physio: up to 8 sessions Nurse Helpline Annual Health Kit £150 excess	GP Access 24/7 Physio: no yearly limit Nurse Helpline Extended Health Kit No excess
Add optional benefits			
Stress Support £1.50 per person per month		Dental & Optical £7.50 per person per month	

- Easy to work out the cost – all ages 16-69 years cost the same
 - Build a plan to suit your budget and employee needs
- Get your team started from just £7 pppm and add Stress Support for £1.50 pppm
 - There are no medical questions to apply, just a simple three year pre-existing conditions exclusion for physio, diagnosis and treatment
 - Employees can choose to pay to upgrade levels and add family
 - For businesses with two or more employees on cover

Available from Watkin Davies.

**Please call 029 2062 6226, email insurancewatkindavies.com
or visit www.watkindavies.com/business/health-wellbeing**



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