

Sport Wales COVID-19 Test, Trace & Protect Guidance document:

The Assessment of high risk COVID-19 contacts

Contact Tracing

Contact tracing of any high-risk contacts should be undertaken by the Sports **COVID-19 Medical Officer**. Close contacts should be identified from the day of swab taken to **48 hrs prior** (or development of symptoms if this precedes test)

All processes must be supported by and follow Public Health Wales' definition of close contact:

- *Any household member immediate close contact*
- *Any face to face fleeting versus non-fleeting encounters of 3s or more*
- *Skin to skin contact with the face*
- *Been coughed or sneezed on*
- *<1m for 1 min of all other forms of contact*
- *<2m with one person accumulative for 15 mins a day*

Review of training and if applicable competition footage, undertaken for timeframe from the day of swab taken to 48 hrs prior (or development of symptoms if this precedes test), *led by the COVID-19 Medical officer*

COVID 19 Medical officer (with support of Sport performance team) collates:

- Training activity log
- Training session video
- Analyses GPS data
- Details of any staff in level 2 PPE during contact
- Any other training facility activities e.g. meetings, changing rooms, showering, canteen (when applicable)

Travel Considerations

Travel is considered a high-risk activity given the potential breach of social distancing guidance. Recommendations are for:

- Facemasks worn at all times during travel
- Documentation of seating allocation (photographs/named seats) as this will aid robustness to any potential future contact tracing process.

Reporting of COVID-19 Test, Trace & Protect process

All track and trace activity should be documented and submitted to the Sport Wales COVID-19 Medical Oversight Group. A recommended template for recording is found in Appendix 1 below.

Management of Close contacts by COVID-19 Medical Officer

Athletes deemed high risk contact following the contact tracing process will be required to self-isolate for 10 days.

If the **positive contact** athlete remains asymptomatic at day 5 then this athlete can be considered for a potential RT-PCR test following discussion with the Sport Wales COVID-19 Oversight Group. Note that this is not a 'given' and will be based on a number of factors including CT level of the positive test and discussion with PHW. Only once a full review on each individual case has taken place, could the following potentially happen:

- If this test is negative and the review is satisfactory, the athlete can be considered for re-integration with their sport and released from isolation.
- If the test is negative, but the athlete becomes symptomatic then the athlete must remain in isolation and re-test considered 3 days later.
- If this test result is positive (and the athlete remains asymptomatic) this athlete must restart 10 day isolation from swab date of positive test.
- If the test is positive and the athlete becomes symptomatic then the athlete must remain in isolation for 10 days from date developed symptoms.

APPENDIX A: SPORT WALES COVID TEST, TRACE & PROTECT REPORT FORM

Compiled by:

Athlete:

FITNESS STATUS:

MEDICAL/PHYSIO REQUIREMENTS FOR TRAINING:

14 DAY SYMPTOM & TEMPERATURE PROFILE:

HOUSEHOLD OR CONFIRMED CASE EXPOSURE:

HOUSEHOLD CIRCUMSTANCES:

OTHER INFORMATION:

CLASSIFICATION OF CONTACT:

- FACE TO FACE CONTACT (> 3 SECS): Immediate Review & Isolation for 10 days.
- FACE TO FACE CONTACT (< 3 SECS): No more than an accumulated contact time of 1 min.
- CLOSE (INDIRECT) CONTACT (< 3 SECS): No more than an accumulated time of 15 mins.
- SOCIAL DISTANCING (SD) INFRINGEMENT (<1M > 3 SECS): No more than an accumulated time of 15 mins

TRAINING/Game DAY SUMMARY: (Exposure risk)

FOOTAGE REVIEW DATA:

This analysis was undertaken by the author using the criteria set out above.

e.g.

1. There were no Face to Face Contacts which lasted more than three seconds.
2. There were.....counts of Face to Face Contacts of less than 3 second duration involving.....different players, none of whom accumulate more than 1 minute.
3. All close (indirect) contacts do not accumulate more than 15 minutes for one player.
4. Social distancing infringements do not accumulate more than 15 minutes for one player.
5. There were no identifiable close proximity coughing, sneezing or shouting.

SUMMARY:

Recommendation:

e.g.

The recommendation is that no players are quarantined as close-contacts of the index case.