

WELSH NETBALL RETURN TO PLAY ROADMAP

STAGE 3

IF YOU ARE SHOWING ANY SIGNS OF COVID-19 YOU MUST SELF-ISOLATE AND NOT MEET UP WITH PEOPLE OUTSIDE OF YOUR HOUSEHOLD

PHASE	NETBALL FITNESS ACTIVITY			TRAINING		COMPETITION
STAGE	➤ 1 INDIVIDUAL ACTIVITY	➤ 2 SMALL GROUP ACTIVITY	➤ 3 LARGER GROUP ACTIVITY	➤ 4 MODIFIED TRAINING	➤ 5 FULL TRAINING	➤ 6 COMPETITION
WHAT it could look like	<ul style="list-style-type: none"> • Socially distanced • No equipment sharing • Netball Fitness with up to one other household outside • Outdoor only 	<ul style="list-style-type: none"> • Socially distanced • No equipment sharing • Organised netball fitness activities in groups of up to 15 people • Coach led • Outdoor only 	<ul style="list-style-type: none"> • Socially distanced • No equipment sharing • Organised netball fitness activities in groups of up to 30 people • Coach led • Outdoor only 	<ul style="list-style-type: none"> • Limited contact and close marking could be permitted • Equipment sharing restrictions reduced • May include modified version of netball • Training group size TBC • Outdoor & Indoor (in line with Welsh Government guidance) 	<ul style="list-style-type: none"> • Full contact & close marking allowed in training environment • Full equipment sharing • Full squad participation • Friendly matches permitted in preparation for competition • Outdoor & indoor 	<ul style="list-style-type: none"> • Competitive netball can recommence • Outdoor & indoor • Spectators potentially allowed
STATUS	Full Netball Activity Suspended	Full Netball Activity Suspended	Full Netball Activity Suspended	Some Netball Activity Resumes	Full Netball Activity Resumes	Unrestricted Activity
WHEN	19th June	16th July	13th August	DEPENDENT ON WELSH GOVERNMENT GUIDELINES		
	Individuals allowed to exercise with someone outside of their household. Remember to avoid any unnecessary travel.	Organised fitness related activities for groups of up to 15 people outdoors. Remember to avoid any unnecessary travel.	Organised fitness related activities for groups of up to 30 people outdoors. Remember to avoid any unnecessary travel. Recommended that Clubs & Leagues complete the #NetsGetReady safety checklist.	Further expansion of numbers able to meet and relaxation of social distancing enabling more regular equipment sharing and contact. Risk of netball training deemed low enough to allow modified activity.	Removal of social distancing. Risk of netball training deemed low enough to allow full contact and marking in training.	Full release of social distancing. Risk of netball activity deemed low enough to allow competition to resume.



Visit www.welshnetball.com/c19 for the latest information, guidance and resources.

This roadmap is subject to change and will be updated in line with Welsh Government (WG) guidance and advice.